

GENERAL CAMP RULES

1. All medications are to be listed on the Registration/Medical Release form, registered with the HLC medical staff and taken to the Health Center. All medications must be in original bottle and/or container. Medications will be administered as per RX label instructions and dosage, unless written, signed, and dated parental instructions state otherwise. A completed Medication Administration Form should be provided with the medications. Guests are not to share any medications, including over-the-counter medications.
2. Guests who are ill or injured must be either in the HLC camp office, medical clinic, or hospital. In the event of illness or injury, students will not be permitted to remain in their dorm rooms.
3. Prank supplies are not allowed in the dorms (i.e. shaving cream, body paint, water balloons, water guns/blasters). There are no exceptions.
4. Adult supervision is required at the lake and/or pool. At no time is a student to go to the lake and/or pool without adult supervision. Lifejackets are required for lakefront activities, regardless of a person's age or water safety ability.
5. Drugs, alcohol, any form of tobacco, firearms, knives, or any kind of weapon, matches or fireworks are NOT allowed.
6. Guest should not bring the following to camp: iPods, mp3 players, video games, CD players, television, laptop computer, play station or any other type of electronic games or equipment should not be brought to camp. Keepsake or valuable jewelry, collectible or memorabilia sportswear should not be brought to camp. HLC will not be responsible for the misplacing or theft of guest personal property.
7. Skateboards, rollerblades, Heely roller shoes are **not** allowed.
8. Guests are discouraged from bringing food items. Snacks will attract ants in the dorms. We suggest that if you bring snacks, that the food be stored in tightly sealed containers, such as a plastic storage container or zip-lock plastic bag. No electric appliances to be used for food preparation is allowed. The HLC Concession stand will be open throughout the day and each evening.
9. Guests (students and adults) are expected to reflect a Christian example by their dress. **Counselors, parents, and church leaders are responsible** for the clothing and appearance of the youth and adults attending camp. Please refer to the Lake Pointe Church Trek Camp dress code for appropriate attire for camp.
10. Refrain from Public Display of Affection with others.
11. Under NO circumstances are girls to be in guys rooms or guys in girls rooms.
12. No fighting or inappropriate / profane language is allowed.
13. Students are to respect all adult leaders and follow their instructions. All adults—members of HLC leadership team, church leadership teams, and adult volunteers—are in places of authority over all students. They have been trained in how to guide students for each particular event.
14. Everyone must attend all scheduled events. If your group is in an activity, whether in the classroom or on the athletic field, you must be with them. There are no exceptions to this unless you are injured or sick and are at the HLC Health Center, doctor's office or hospital.
15. Guest **MUST** be in the dorm by designated camp curfew. Your curfew is for your security and for your mental and physical well-being.
16. Guest must wear nametags at all times. Each Camp participant will be issued a nametag upon arrival, which is to be worn during all meals, and other activities during the day.
17. Guests are not allowed to leave Highland Lakes Camp without proper parental written authorization and approval of HLC administrative staff.
18. Guests are not allowed to bring pets on campus. No pets in the dorms, motels, or meeting rooms.
19. Guest and/or church group leadership will be held financially responsible for any property damages that occur during their stay at HLC. Campers should refrain from writing on furniture or walls. Do not use duct tape to affix signs to doors or walls.
20. For your safety, guests are not allowed on any HLC "RESTRICTED" property areas.

STUDENT CONTRACT	PARENTAL/GUARDIAN
I have read the Trek 2010 Camp Rules listed above and promise to abide by all established regulations for my enjoyment and for the safety of all participating in Youth Camp.	I have read the Trek 2010 Camp Rules listed above and understand that my son/daughter may be dismissed from Youth Camp and sent home at my expense if he/she does not adhere to the established regulations.
X _____ Student Signature	X _____ Parent or Guardian Signature or Student 18 years of age or older

AUTHORIZATION FOR EARLY RELEASE

It is understood that my child will return home with the church group he/she arrive with. In the event that my child needs to be released early or return home with someone other than Lake Pointe Church, he/she may be released to the following persons:

Name	Relationship	Driver License No.	Contact Number
_____	_____	_____	(____) _____
_____	_____	_____	(____) _____

PLEASE DO NOT RELEASE MY CHILD TO:



STUDENT MEDICAL RELEASE FORM

In the event of an accident or special health needs, it will be necessary for us to have the requested information. Please make certain that you have provided thorough and accurate medical information. It is recommended that you attach a photocopy of your family medical insurance card.

Camper's Name: _____ Birth Date: ____/____/____ Age: ____ Sex: (M/F) ____
First Middle Last Mo. Day Year

Church: _____ City: _____ Dates at HLC: ____/____/____ to ____/____/____

Person to Notify in **Event of Emergency**: _____ Relationship to You: _____

Phone Number of Contact Person: Daytime (____) _____ Evening (____) _____ Other (____) _____

If unable to reach above person: Notify _____ Relationship to You: _____

Phone Number of Contact Person: Daytime (____) _____ Evening (____) _____ Other (____) _____

Family Physician: _____ Phone: (____) _____

Medical Insurance Co.: _____ Plan or Group #: _____

Insured ID or Member #: _____ Ins. Co. Phone #: (____) _____

MEDICAL INFORMATION

Significant Allergies (specify)

- Food: _____
- Insect Sting: _____
- Medicine/Drug: _____
- Plant/Pollen: _____
- Other: _____

Special Diet: _____

Recent Surgery? _____

Date of last Tetanus Shot? _____ Immunizations Current? _____

Diseases, Chronic or Recurring Illness: (Check all that apply, explain)

- Asthma: _____
- Bleeding Disorder: _____
- Dermatological Condition: _____
- Diabetes: _____
- Ear Infections: _____
- Heart Defect: _____
- Seizures: _____
- Stomach Condition: _____
- Emotional: _____

State law requires all medications to be placed in the campus Health Center. All medications must be brought in the original container (prescription or over-the counter) properly labeled as prescribed by law. Prescription labels must have the camper's name and current dosage. A current Medication Administration Authorization Form MUST accompany all medication. Medications and Administration instructions will be collected and reviewed by HLC Medical staff upon camper arrival. HLC Medical staff requests that you NOT send over the counter medications such as Tylenol, Ibuprofen, Benadryl or antihistamines. HLC stock an assortment of over the counter medications for the occasional need.

HEALTH CARE AND CAMP PERMISSION— ALL PARENTS/GUARDIANS MUST INITIAL & SIGN THE STATEMENTS BELOW.

____ I give my permission for first aid techniques and simple health care to be administered as the need arises. I understand in the event of any serious injury or illness on the part of my child/ward, the camp officials reserve the right to seek professional medical attention including but not limited to consultation with medical director, EMS transportation, and hospitalization.

____ I give permission for my child/ward in consultation with the Camp Health Supervisor and/or the medical director's standing orders to be given the following medications as indicated by checking below:

____ acetaminophen (i.e. Tylenol)	____ ibuprofen (i.e. Advil)	____ decongestant (i.e. Sudafed)
____ antihistamine (i.e. Benadryl, Claritin)	____ antihistamine cream	____ antibacterial ointment
____ antacid tablet (i.e. Tums)	____ additional medications as indicated/prescribed by the HLC Medical Director	

I hereby attest that all information listed on this Medical Form is complete and accurate to the best of my knowledge that my child/ward is in acceptable health, physical ability, and emotionally ready to fully participate in camp. I grant my permission, as the parent/guardian of the camper mentioned on this form, to participate in all activities associated with the enrolled event with the exceptions of those that are noted.

I, _____ being the legal guardian of _____ give my permission to Highland Lakes Camp and Conference Center's management, medical staff, and/or the group director to provide medical treatment that may be deemed necessary to insure the well-being of the named student. I do hereby release and forever discharge all from any and all claims, demands, actions or cause of action arising out of damage or injury while participating in Highland Lakes Camp sponsored activities.

I give my consent to medical treatment and surgical treatment as needed in the judgment of the treating physician chosen by the representatives of Lake Pointe Church. I also give Lake Pointe Church and it's representatives permission to transport my child at their discretion in case of emergency if I cannot be contacted. I do hereby agree to hold Lake Pointe Church, their agents, and employees harmless of any liability, actions, causes of actions, claims, expenses, and damages on account of injury to my child, property, even injury resulting in death, which I now have or which may arise in the future in connection with the activity or participation in any other associated activities.

X _____ / ____/____ (____) _____
 Required Parent or Legal Guardian Signature Date Phone Number